

13th September 2024



Mail on Friday

Redhill Primary Academy and Nursery

Weekly Newsletter

Email us at: parentcontact@redhillprimary.co.uk

Pupil Voice Information

During assembly time, children have been encouraged to apply for Pupil Voice positions within school. If your child is interested, they have been asked to write an application letter. If they have previously been a member of one of these groups, we have asked for the children to still write a letter to explain that they would like to remain in the group. The letter must be posted into the applications box, which is located in the library.

Please note that not all children will be successful in being a member in their chosen group, but we aim to give every child who applies an opportunity to be part of one pupil voice group.

They can apply for the following positions:

Safe Board including E-Safety - Mrs Coughlan

No Outsiders - Mrs Fance

Travel Safety - Mrs Kirkpatrick

Music Council - Mrs Whiting

Fairtrade - Miss Price

Eco Warriors - Mrs Knowles

Playground Friends - Mrs Phillips

Librarians (Year 6 only) - Mrs S. Davies

The deadline for applications is Friday 20th September.

School Meals are Free to all Children in Reception, Year 1 and Year 2

All children in Reception, Year 1 and Year 2 are entitled to a healthy nutritious lunch at no cost to you. Universal Infant Free School Meals (UFSM) is a government initiative aimed at improving academic attainment for infant children and to help families save money. No proof of eligibility is required.

Each child gets a healthy nutritious cooked lunch which includes a main course and pudding; water is always available in the school dining room. There is also an option to order backed potatoes or pre order sandwiches, which the children can select with 2 additional items such as fruit, raisins, yoghurts, or the school's daily pudding.

The menu is on our website and also attached. It shows the meals that are being prepared on a three week rotation. The menus always reflect the seasons with different vegetables and fruit on offer.

We aim to cater for those on special diets.

Good food provision in schools has been shown to lead not only to healthier children, but to improved attainment. The plan was brought in to help create a generation of children who enjoy food that makes them healthier, more successful and, most importantly, happier.

For more information about the benefits of a healthy school lunch, visit the Children's Food Trust website. As a parent/guardian this scheme can save you an average of £370 per year on lunchtime meals as well as the time it took to prepare packed lunches. Another benefit is that after school your child won't need a cooked meal because you know they have already had a nutritious one at school.



MENU CYCLE WEEK ONE

2nd September
23rd September
14th October

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Pepperoni Pizza	Chicken Tikka Tortilla Wrap	The Big Breakfast	Chicken, Macaroni Cheese	Breaded Fish
VEGETARIAN	Margherita Pizza	Vegetable Tikka Tortilla Wrap	Vegetarian Sausage	Vegetable Macaroni Cheese	Breaded Vegetable Finger
SIDES	Potato Wedges Peas Sweetcorn	Steamed Rice Broccoli Carrots	Hash Browns Baked Beans	Pasta Broccoli Sweetcorn	Chips Peas Baked Beans
DESSERT	Iced Jam Sponge Cake	White Chocolate Chip Flapjack	Chocolate Tart	Hob Nob Oat Biscuit	Cookie Selection



Food Allergies and Intolerance
If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.





MENU CYCLE WEEK TWO

9th September
30th September
21st October

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Meatballs in a Tomato & Basil sauce	Chicken Curry	Roast Gammon & Pineapple	Chicken Burger	Fish Fingers
VEGETARIAN	Vegetable Pasta Bake	Chunky Vegetable Curry	Cheesy Potato Pie	Vegetarian Burger	Veggie Fingers
SIDES	Pasta Garlic Bread Garden Peas Cauliflower	Steamed Rice Seasonal Vegetables	Roast Potatoes Broccoli Steamed Carrots	Potato Wedges Sweetcorn Cauliflower	Chips Garden Peas Baked Beans
DESSERT	Classic Shortbread Biscuit	Lemon Sponge Cake & Custard	Vanilla & Chocolate Marble Cake	Baked Ginger Biscuit	Ice Cream



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MENU CYCLE WEEK THREE

16th September
7th October
28th October

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Pork Sausages & Gravy	Oriental Chicken Stir Fry	Hot Dog in a Bun	BBQ & Cheese Chicken	Breaded Fish
VEGETARIAN	Vegetarian Sausages & Gravy	Oriental Vegetable Stir Fry	Vegetarian Hot Dog in a Bun	BBQ Sweet Potato Wrap	Vegetable Burger
SIDES	Mash Potato Carrots & Garden Peas	Noodles Sweetcorn Broccoli	Wedge Potatoes Seasonal Vegetables	New Potatoes Broccoli Carrots	Chips Peas Baked Beans
DESSERT	Corn Flake Cake	Blonde Brownie	Cherry Cake	Chocolate Sponge Cake & Custard	Selection of Freshly Baked Cookies



Food Allergies and Intolerance
If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.



British Council International School Award Success for Redhill Primary Academy



Redhill Primary has been awarded the British Council's prestigious International School Award in recognition of its work to bring the world into the classroom. The International School Award celebrates the achievements of schools that do exceptional work in international education.

Redhill's international work includes, but is not exclusive to, Year 2 looking and comparing similarities and differences in year 2 between Redhill and our partner school Makololwe in Kenya. In year 3, comparing and contrasting birds that we would find in our school grounds to those Makololwe's children find in their grounds. In year 4, children learn to cook a Kenyan delicacy, Githeri, as well as exploring stories from around the world. In year 5, children sketch local landmarks to share and compare against Kenyan landmarks. Finally, in year 6, children explore shadows in science which is a shared project in Makolowe where children link their geographical knowledge of the equator to explore how shadows created are so different.

Scott McDonald, Chief Executive of the British Council, said: 'Redhill has earned this prestigious award through its inspirational international work and links with schools abroad. The International School Award is a chance for schools to be recognised for their important work in bringing the world into their classrooms. The desire to build on their international work shines through and it is with utmost pride that we celebrate their achievements.'

The International School Award encourages and supports schools to develop:

- An international ethos embedded throughout the school
- A whole school approach to international work
- Collaborative curriculum-based work with international partner schools
- Year-round international activity
- Involvement of the wider community

Outstanding Science in Education Award

We are thrilled to share that we have been awarded a Primary Science Quality Mark Outreach award, which is the highest of the three levels attainable, in recognition of our outstanding science education. This award reflects our commitment to providing exceptional science learning experiences for our children! Well done to Mr Hodgkison, who is our science lead, for his hard work and dedication in helping us achieve this award.

Redhill is also a hub leader, which involves supporting other schools in the West Midlands who are eager to raise the profile of science and transform the quality of science education for all children, The hub leader network consists of some of the very best educators in primary science in the country.

Governors Annual Report 2023-24

The report to parents is available to view on the website under the governor's section:
<https://redhill.ttsonline.net>

Young Carers

Please can you let us know if your child is a Young Carer as we may be able to offer some support.
The Telford Young Carers website can be found at:
<https://www.telfordcarers.org.uk>



Young Carers: Who are they? What do they do?

Who are young carers?

A young carer is someone **under 18** who helps look after someone in their family, or a friend, who is ill, disabled or misuses drugs or alcohol.

1 in 5

secondary school children have a caring role



How many young carers are there?

- There are **800,000** secondary school pupils in England with a caring role.
- This means there are six young carers in every secondary school classroom.



The average age of a young carer **= 13** but one in ten (10%) are aged under ten

What might a young carer do?

- Practical tasks, such as cooking, housework or shopping.
- Physical care, such as helping someone out of bed.
- Emotional support, such as talking to someone who is distressed.
- Personal care, such as helping someone dress.
- Managing the family budget and collecting prescriptions.
- Helping to give medicine.
- Helping someone communicate.
- Looking after brothers and sisters.

Being a young carer can have a big impact on a young person's development.

Health

- Young carers are more likely to have anxiety or depression than other young people their age.
- 50% of young carers often feel stressed and 46% of young carers say they often feel lonely as a result of their caring roles.
- Almost half of young carers under eight get up in the night to care, interrupting their own sleep.

Education

- One in ten young carers are late for school at least once a week because of caring.
- 26% of young carers say they have been bullied because they are caring for someone.
- Young carers are more than twice as likely as their peers not to be in education, training or employment when they leave school.

Friends and family life

- 23% of young carers say their caring role has made it harder for them to form friendships.
- One in five young carers has never had a summer holiday with their family.
- More than 80% of young carers felt that their caring role affected their opportunity to take part in leisure activities.

1 in 10
young carers
are providing a high level of care.

80% of young carers
may not be receiving the support
they need from their local authority.



Information
Carers.org

Young carers should have:

- The time to be a young person.
- The same opportunities as their friends.
- Good support for themselves and the person they help look after.
- Their rights acknowledged.
- Help for their own support needs.

Safeguarding Resource for Parents

What is Child Sexual Exploitation (CSE)?

Child Sexual Exploitation, often shortened to CSE, is a form of child sexual abuse (CSA). It refers to when a child or young person (or a group of children or young people) under the age of 18 is abused by a person or group of people in a position of power. The person or group of people will use their position of power to manipulate and coerce the child or young person into sexual activity.

Child sexual exploitation can happen to anyone regardless of their gender or sexual orientation and can be carried out by anyone, including people of the same age.

Young people or children are unlikely to disclose CSE, that's why it's really important to know what CSE can look like and how to spot the signs.

What does CSE look like?

CSE can take many different forms.

Often the abuser forms a relationship with the child or young person with the intention of manipulating them – this is known as grooming. This could be seen as a friendship or a romantic relationship. Through gifts and expressions of love, the young person or child becomes close to the abuser before the abuse starts. This way the abuser is able to convince the young person or child to do sexual activity often framed as a thing that friends or boyfriends/girlfriends do. This can leave the young person or child believing they are in a loving relationship.

CSE often involves some sort of exchange. The abuser will give the young person something for example money, alcohol, accommodation, affection or power and in exchange demand sexual acts. Often the young person is manipulated to believe they owe the abuser.

Some gangs will use CSE to recruit new members. Other times it is carried out by an opportunist abuser who happens to meet the young person online or in person.

Abuse can happen once, or it can become a pattern of abuse in which the young person feels trapped and unable to escape.

What are some of the signs of CSE?

CSE can happen to anyone, although certain young people may be more vulnerable to CSE, for example if they have a disrupted family life or have a history of abuse or disability.

Some potential signs of CSE include:

Being under the influence of drugs or alcohol

Using two different phones

Carrying or owning lots of money or items with no explanation

Inappropriate sexual behaviour

Physical signs of abuse including unexplained cuts and bruises

Looking frightened or nervous in certain areas and with certain people

Hanging around with people who are older than them

Spending less time with family and friends

I'm concerned about a child or young person, what do I do?

If you think a young person is being abused, don't confront the abuser as this may put the young person at greater risk.

If the young person is in immediate danger, call 999.

You should also report it to the authorities even if you're not 100% sure.

You can report directly to Family Connect on 01952 385385

You can speak to our CSE lead, Mrs Cartwright or any of our DSLs here at school.

If you're concerned about a child or young person or someone's behaviour towards children and young people you can contact Stopitnow!'s confidential helpline on 0808 1000 900 or use their live chat or send them a secure email

[Contact the Stop It Now! child sexual abuse helpline - Stop It Now.](#)

PACE offers support to parents or carers of young people at risk or experiencing abuse [Ivison Trust](#).

For more information about CSE visit the NSPCC website which has lots of information about spotting signs, preventing CSE and reporting it [Child Sexual Exploitation & How to Keep Your Child Safe | NSPCC](#).

Bikes/Scooters

Unfortunately, bikes/scooters are being left in inappropriate places on the school grounds, causing a health and safety issue. We do have a bike shed around the back of the reception classes, which is available to use, and bikes/scooters can be stored securely. If you do not wish to use the bike shed, please can you take any bikes/scooters that children arrive to school on, home with you after drop off.

Top tips on How to Keep your Child Healthy at School

We would like to share with you this recently published blog from the Department for Education.

For many, the start of the school term will mean mixing with different groups of people, which is why the autumn term is also known for its colds and bugs.

While it's usually safe for parents and carers to send their children to school with mild illnesses, like a minor cough, runny nose or sore throat, there are steps you can take to ensure your child is better protected against illnesses, so they don't miss out on vital time in school.

Here we take you through what you can do to reduce the chances of your child getting ill.

Make sure your child is up to date with their vaccinations

Childhood infections like measles and whooping cough are rising, with outbreaks across the country. These infections can have a huge impact on your child's life, including missing out on school due to illness, being hospitalised, and even experiencing life-long complications and disability.

The best protection you can give your child is to get them vaccinated. If your child isn't vaccinated, they're not protected.

It is important for parents to take up the offer of the NHS' free childhood immunisation programme as soon as they are offered to ensure your child has the best protection.

However, if you or your child have missed a vaccine, it's never too late to find out if you can catch up. Parents and guardians should check their child's Red Book to find out if they have missed any vaccines or contact their GP if they are unsure.

Remind your child of basic hygiene measures

Some basic hygiene practices go a long way in preventing infections. Remind your child to:

Wash their hands for at least 20 seconds using soap and water.

Use tissues for coughs and sneezes then throw them in the bin.

Avoid touching their face, particularly their eyes, nose and mouth.

You can use the free [e-Bug](#) resources to explore hygiene topics with your child.

Know when your child is too ill for school

It's usually safe for you to send your child to school with mild illnesses, like a minor cough, runny nose or sore throat. However, children should stay at home if they have a high temperature of 38C or above.

The NHS has published guidance to help you decide whether your child is well enough to attend school, including information on a range of common childhood illnesses and conditions, such as coughs, colds, chickenpox, measles and headlice.



POLICE OPEN DAY



Sunday
15
September

Malingsgate
Police
Station
TF3 4HW

FREE
event for all ages

11am to 4pm
SEND session:
10am to 11am

- Meet our police dogs
- Tour the custody suite
- Fingerprint forensics
- Scene of crime officers
- Meet your safer neighbourhood teams
- Firearms officers
- Recruitment team
- Children's activities
- Meet our partners

* Parking is not available at Malingsgate Police Station.
Visitors can park in and around Telford Town Centre, which is a short walk from the station.
All exhibits are subject to operational needs on the day.

A note from the Friends of Redhill Primary Academy



✉ redhillfriends@outlook.com
f <https://www.facebook.com/redhillfriends/>
@friendsofredhill

Welcome back from The Friends!

The Friends would like to say a huge welcome back! We hope you have had a fantastic summer and are looking forward the academic year ahead! We just wanted to introduce ourselves for those new parents who have joined us.

We are a group of parents who have joined together to make a difference at Redhill. We all have jobs but spare any time we can to fundraise and help. We work together to put on small and large events throughout the school year. Anything from full school discos, Year 6 proms, Easter raffles to turning Redhill in to Hogwarts! Everything we do, we do it with the children's happiness in mind.

Can you spare a few hours of your time to help at events, pack disco goody bags, or sell raffle tickets? It all adds up! Being a friend is rewarding and fulfilling, but above all it's really good fun! It's a great way to get involved with the school and make friends! If you'd like to get involved in any way, please message us via e-mail or Facebook for more details!

Please see the poster below for our planned upcoming events this year, final dates TBC!

Asda Cashpot for Schools

Asda rewards have introduced cash for school! They will donate 0.5% of your spending to the school of your choice. Please see the poster below on how to sign up. The money raised could be quite substantial if everyone opted in and did their shopping with Asda!

Pre-loved uniform

★ Donations Needed ★

Have you recently had a sort through of uniform? We need donations of Redhill branded uniform (particularly in larger sizes) so that we can sell on to other parents in need and raise money for the school!

If you have anything you're willing to donate, please pop it in a bag and drop it off at reception where one of The Friends will collect and sell at [Friends of Redhill Primary Academy \(pta-events.co.uk\)](http://Friends of Redhill Primary Academy (pta-events.co.uk))

Easy Fundraising

Please support Redhill Primary Academy and raise FREE donations with your everyday online shopping at Tesco, eBay, M&S, Expedia, Just Eat and many more! Just shop as normal and go through Easy Fundraising and it will cost you nothing to raise fund for Redhill. Sign up here: <https://www.easyfundraising.org.uk/causes/redhillprimaryacademy/>

Soccer Darts Shootout

We have an event coming up on Wednesday 9th October, the soccer darts shootout! Children will watch an assembly on it early next week, parents/carers should look out for the email with information. This is a great opportunity for the kids to have fun and raise money for the school, with lots of fabulous prizes to be won - family tour of Wembley stadium, family ticket to Gullivers, theme park tickets and lots more!

Thank You,

The Friends

STEP 1

OPEN THE ASDA REWARDS APP
CLICK THE CASHPOT FOR SCHOOLS BANNER



you scan,
we donate
££s TO SCHOOLS.

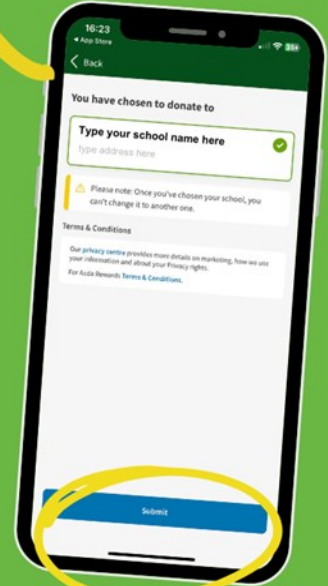
CASHPOT
FOR
SCHOOLS

only with
ASDA
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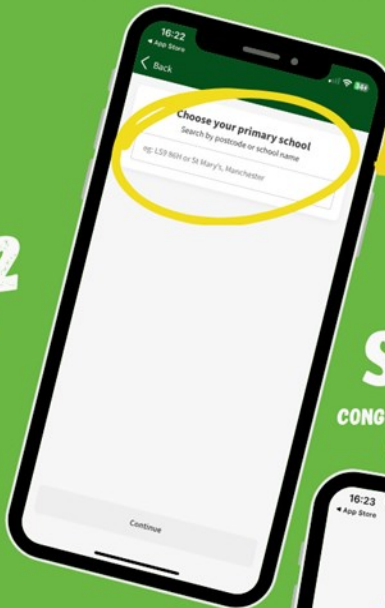
STEP 5

DOUBLE CHECK YOU'VE CHOSEN THE
CORRECT SCHOOL THEN CLICK SUBMIT



STEP 4

TYPE IN "REDHILL PRIMARY ACADEMY"



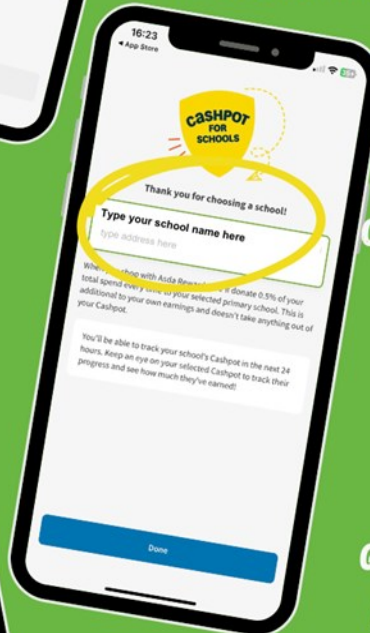
STEP 2

CLICK COUNT ME IN



STEP 6

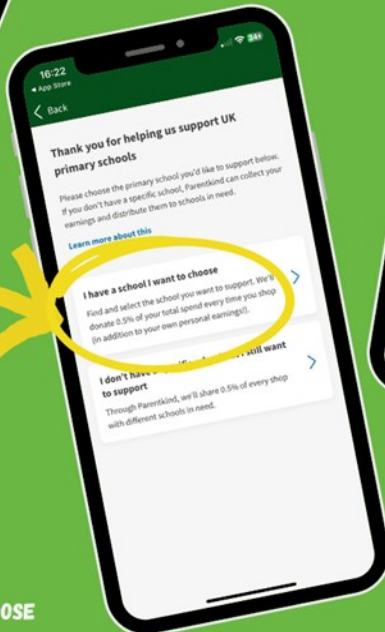
CONGRATULATIONS YOU'RE HELPING YOUR
CHILD'S SCHOOL RAISE MONEY



ONCE OPTED IN AND
SELECTED A
SCHOOL, WE WILL
ADD £1 TO YOUR
CHOSEN SCHOOLS
CASHPOT TO HELP
GET THEM STARTED
ASDA WILL DONATE
A PERCENTAGE OF
YOUR SHOP TO YOUR
CHOSEN SCHOOL
EACH TIME YOU
SHOP AND SCAN.

STEP 3

CLICK I HAVE A SCHOOL I WANT TO CHOOSE





REDHILL UPCOMING EVENTS

Sponsored Soccer Star Challenge	Early Oct
Halloween Discos	End Oct
Rainbow Raffle	Nov
Wreath Making	Early Dec
Christmas Cards	Dec
Cash 4 Clothes	Jan
Valentines Disco's	Feb
Easter Raffle	Apr
Summer Disco's	June
Year 6 Prom	July

Turn your daily shopping into everyday magic for us with easyfundraising

You shop, brands donate to our school. It won't cost you any extra!



 easyfundraising

Help us make a difference when you shop.
Visit www.easyfundraising.org.uk



- 1 Visit www.easyfundraising.org.uk
- 2 Sign up and search for us
- 3 Your favourite brands donate to our school whenever you shop with them

Shop with 7,500+ brands including:



Booking.com

ebay

M&S

GROUPON



JOHN LEWIS



VIKING

ASOS



Uber Eats